The Spirit of Renewal and Changes in the IAAP Organization

by Joseph Antell, Loveland, CO

The International Association of Attunement Practitioners has reached a natural threshold of maturity where changes in the organizational structure are upon us. IAAP is shifting into a more expansive, less structured, point of resource and reference. This will create and include a wider vibrational field for people, their activities and energies. Some of the forms that have been helpful and useful over the past 11 years will fall away to make room for other possibilities. The IAAP newsletter will conclude with this issue and in its place there will be a new electronic format through the IAAP web site (www.attunementpractitioners.org). When the website transition has been completed, articles will be posted there for all to read and share. We invite your participation in writing about your living Attunement experience (see newsletter note on page 8 of this issue).

Joseph Antell, Chris Jorgensen and Andrew Shier will, for now, comprise a smaller Board of Directors for IAAP. The previous and larger Board of Seven Directors who guided IAAP in recent years has been gracious in their perception and stewarding of the transitional changes underway. There is deep appreciation for what each one has offered over the years.

Attunement: The Bridge to Love

by Andrew Shier, Hanover, NH

A more detailed letter describing the IAAP changes will be forthcoming to the Attunement Practitioners/Associates. Our Attunement community shares common ground with many others who acknowledge the radiance of Love made visible. Let us continue to nourish the world around us through the Attunement process as we remain in Being’s sacred Sanctuary.

A new time has arrived marked by the fact that this will be the last issue of “The Unified Field” newsletter. This newsletter has been offered since IAAP’s inception 13 years ago. It has been a steady pulse and has served as a tangible bridge between us as associates and also as a point of vibrational radiance into the world.

As we know, the radiance of Love moves freely on the carrier wave of the current of Attunement. This is one of the many ways that Love has of entering the visible world, and the one that many of us have come to know, remember, cherish, hold sacred and expand into the affairs of our daily living.

I personally feel a particular pride in what has occurred under the auspices of IAAP as we have known it, including the robustness of our newsletter. Now I am curiously excited as we move into a new level of maturity/adulthood in this association. This maturity...continued on page 6
Considerations in the Field of Attunement

with Nancy Frederick, Liz Turner & Chris Jorgensen

by Bonnie Jo Radasch, Charlemont, MA & Jean Martens, Peaks Island, ME

On February 18th in Portsmouth, NH, Nancy Frederick (Parsonsfield, ME) and Liz Turner (Eliot, ME) hosted a gathering which included both seasoned Attunement Practitioners and some more recently initiated to Attunement. Attendees from Maine, New Hampshire and Massachusetts settled in for a day of open discussions and shared Attunements. Nancy opened with an observation from Abraham-Hicks that our design as Beings is one of flow.

The checkin topics ranged from the spring-like weather that has been present in New England, to images on the world news of the solar flares (appearing like tornadoes that were as big as the Earth), to the sharing of recent events in individual's lives.

One person noted, “Time and space don’t matter any more, thus the expression, the end of time.” Nancy observed, “We are moving from a black and white carbon-based species into a higher dimension—one that is silicon based. Greed, selfishness and power are often what we see, but if you look beneath there is a web of light.”

In remembering early pioneers in the field of Attunement, Jean Martens mentioned that “Uranda was a visionary leader, who realized the leader he was looking for was within himself, and that is so for each one. He rediscovered Attunement, the flow of energy.”

In the afternoon Chris Jorgensen (Gladstone, MO) joined the gathering via Skype, opening his remarks by saying, “Those who participate in sharing the Attunement current are awakening. When there is consciousness of divine identity, there is awakening.” In groups of three Chris led us in sharing Attunement with the heavenly cosmic vibrations. In the first configuration, the person standing held the Sun vibration, the person in the middle held the Earth, and the person at the feet held the Saturn vibration—“This being the original creative field in the creation of the Earth.” We then worked with the galactic level focusing on the Pleiades, Sun/Heliosphere, and Orion vibrations. These ranges of Attunement were both familiar and unfamiliar.

As discussion continued some observed feelings of being “rattled loose” or tossed about and even floating. Chris said, “The more ‘I Am’ is present, there is ascension, allowing the greater vibrations to be experienced and known and with that there is less chance that a person will spiral down vibrationally, again.” Many spoke of feelings of intensity.

Nuggets of wisdom were woven throughout the fabric of the day.

Liz: “The work is to acknowledge the intensity of the in-your-face stuff. We are being rewired to hold what is coming, both intense and amazing.”

Nancy: “The nature of hope is to expand the heart, allowing expression without fear. What is the most loving thing I am capable of doing here?”

Jean: “Traversing in the solar and galactic vibration, we exercise ourselves into the largeness of being.”

Near the end of our time that day, Gary Stiles led us in a period of stillness to explore our own ranges of cosmic being.

It was a lovely mid-winter’s day of sun and more light, of connections, of sharing Attunements and ourselves from the opening remarks to the hugs upon departure. There are always layers of experience in these gatherings offering moments of expanded awareness and remembrance. Someone once said, “A mystic is a person who lives in the mystery.” This was a day offering opportunities to dip into that place.

We were reminded of something Paul Price (Ontario, Canada) once said, “A part of Attunement is about reminding one another what we already know.” As departures were underway, interest was expressed for another gathering, in the near future, for more sharing of Attunement and the opportunity to be “reminded.”
The Rise of Consciousness

by Chris Jorgensen, Gladstone, MO

Is the world becoming a more intense place to live or is it just me getting older? It is probably both. Every week there are clients who come to my office and exhaustedly proclaim that “things are speeding up” and that “life is increasingly more intense” for them. Changes are definitely in motion in every field of human activity—financial, social, religious, political, and even in the area of human rights. Is that new? I don’t think so. Life’s middle name has always been “change.” While it may take a loud bang to get humanity’s attention, I have found that life in general has a quieter tone.

Today many people are filled with dread and fear—it is 2012 after all. From movies to psychic forecasts people are predicting to drastic and catastrophic changes for planet Earth. So, is today more intense than earlier times in history? While it may appear so for you and me, I have no doubt that people alive in historical eras undoubtedly experienced major change as well. I see 2012 as the year of the rise of consciousness—a consciousness (and subsequent experience) of union between Creator and creation.

The following is an exercise that I use in sharing Attunement with myself, with another person, and on occasion in a group setting—all for letting consciousness be lifted and filled with the radiation of Love. Regardless of what may appear in living, the human capacities and the renewed consciousness of union will handle the intensities of the day.

If you are with a partner balance the cervical life-pattern in that person. If you are by yourself, balance your own life-pattern.

Note: RH = receiving hand; GH = giving hand

• Share Attunement with the pineal gland, making sure the pineal is open and clear. RH – over the top of one ear; GH – into the pineal.

• Share Attunement with the thymus gland, using the RH – over the pineal; GH – into the thymus. The thymus-heart location is the second place in the endocrine system where the radiation of Love comes to a specific focus as is diagramed in the double-diamond graphic.

• Share Attunement with the gonads, using the RH – into the thymus; GH – into the gonads. The gonads are a third location in the endocrine system where Being’s radiation of Love comes to a specific focus, where the expression of Love’s vibration is fully and vibrational complete (all levels are present) and is released from the human body into the world beyond.

• Share Attunement with the pineal and gonads to complete the balancing of the radiation. RH – pineal; GH – gonads.

• Re-balance the cervical life-pattern.

When is a creative time to share an Attunement? Any time! The above technique only takes a few minutes and is a wonderful way to surround and imbue yourself or another person with Love’s radiation. Share Attunement and bless the world!
Cycles of Seven

by Joseph Antell, Loveland, CO

This is the third in a series of articles entitled “Cycles of Seven.” They contain a personal review of my life grouped into stages of 7 years. Each cycle carries an emphasis on a range of personal awakening and acknowledgement as viewed by Being.

The intent in sharing this is so that any who read it might create their own life overview and may find rest in the memories and experiences remembered and forgotten. Perhaps closure may occur in the unresolved places of life as they fall away. Then there can be the experience of gratefulness for the happy, fulfilled moments so that they can be placed into the stream of the future adding to the richness now.

These are in a bulleted format because they are vignettes of thoughts and impressions.

Ages 15-21 years

The Gonads: the awakening of heaven and earth.
The Spirit of the New Earth (grounding the conscious connection of the human and Being).
• The time of searching and finding my own way. Figuring out conscious independence: rebellion is liberating.
• Exploring contrast and learning to honor limitations while questioning rules and regulations.
• I am not what everybody says and thinks I am.
• Exploring the depth of feeling and concerns about body image. Loving myself just as I am. Making peace with who I am and learning to understand and accept others as they are.
• Life is so full and crowded: school, homework, social activities, working in a job, participating in sports. There is little time to ponder and find space to know myself.
• Defining what I like and don’t care for. Dealing with the pressure to conform to the mold of society and to be the ideal student. What do I want to be? Am I good enough?
• The compulsion to choose a direction, i.e. career, while needing to fit in and belong.
• Desiring more understanding about how things really are and how they really work.
• The longing for relationship and intimacy.
• Working with the compulsion to provide leadership and the pressure of being “responsible”: maintaining and driving a car, keeping up acceptable school grades in subjects I could care less about, choosing a college, serving in the military.

• Developing relationships and friendships that will last a lifetime. Exploring the depths of intimacy with the opposite sex while managing raging hormones.
• The time of individuality; feeling good about me and what life has given me with seeming limitations. Seeking assistance with my limitations (the guru phase) while empowering and expanding my inherent gifts and talents.
• Leaving home, the foundation and support I have had from the beginning. Heading out and deciding which direction my life will take; wanting to be a part of something that is personally meaningful.
• Being okay with the people of authority that have governed my life who say, “We have taught you all we can, now go out and make something of yourself.”
• Acknowledging and committing my life force to something higher.

The time of the Gonads (New Earth) primarily focuses on connecting the individual spirit with what is resonating within all living things—a fuller awakening to how I connect body (physical), mind (mental) and heart (emotional, i.e. Spiritual) with life itself. The greatest challenge in this cycle of awakening is not to be swayed and distracted by the monsters of technology and “the kingdoms of this world and the glory of them.” We begin this cycle identified in the human urges that focus in the hormones and complete the time knowing full well that these powerful influences are part of the many gifts given to us by the Great Spirit to be used by Being.

Mantra: I am trusting and move on even though I cannot fully see the road ahead. My prayers deepen with each passing year and the longing to understand more is exhilarating. Accepting things just as they are will be a life long lesson.

by Joseph Antell, Loveland, CO

Cycles of Seven
Reflections on the Kansas City Attunement Practitioner’s Course

by Gary Ragan, Liberty, MO
Tom Hansen, Lenexa, KS

Gary: Being a part of teaching the five-weekend class has been an amazing experience on many levels. This is the first time I have held a surround in consciousness for an Attunement class for this length of time. To see and feel the students change, expanding their substance, both as individuals and as a group, has been beautiful to observe. Their growth process has also brought into focus my own growth. It gives me pause to thank those Attunement instructors who have come before me and allowed my own growth as a student. Lastly, I wish to thank Chris Jorgensen and Tom Hansen for the beautiful creative process that we have shared. It has given me a vision of how we are able to create when people willingly check their egos and work from their hearts. I give thanks to everyone who was involved in this creative cycle and would jump at the opportunity to participate in it again!

Tom: We have just finished the 2012 Attunement Practitioner’s Class here in Kansas City, with 11 students completing the course. I have been deeply grateful for my friendship and partnership with Chris and Gary as we co-created this class cycle. Donna Jorgensen, Erin Rivers and Monica Hansen also contributed their beautiful essences, wisdom and experiences on various weekends, and the substance of the class was much richer and finer as a result.

As we closed our last circle and released the class on Sunday afternoon, I was reminded that the most important day for the students was yet to come. In the days immediately after a class cycle closes, each person returns to the world that is waiting for them, absent the collective class pneumaplasm which has been properly released. The challenge is to live in this world with newfound consciousness intact, to let that light shine clearly and to hold steady so that the world can appropriately respond to the radiation of love that is now moving through each one in a much more compelling way. And that is in fact the challenge for us all, but it feels particularly tender in those who have just completed their first Attunement training. And so we continue to support them vibrationally and in other, more tangible ways in the days ahead.

Martin Exeter said it this way: “Let my presence be a beacon of enfolding radiance in every circumstance.” This is our call—to live in harmony with Divine design and provide what is needed as we accept responsibility for our creation.

Attunement Through Knitting

by Vicki Barbour, Erie, CO

As a new grandmother, I started knitting again after a long absence. While there are only so many cute baby things to knit, it occurred to me that knitting is a prime opportunity for attunement. What a wonderful way to incorporate love in every stitch as the yarn flows through my fingers! Love, blessing and protection for the little one are present in each garment.

From there, I started knitting little preemie hats that I then donate to hospitals. The hats for the newborns are infused with love, blessing and well-being. And that led me to knitting a prayer shawl while doing the 11th hour hospice vigil when someone is actively dying—love, blessing and transformation. When done, I’ll wear it when I go to the hospice assignments as the rooms can be cool. The shawl will carry with it the honoring of many lives. And just recently, I heard about our hospice’s program of knitting prayer shawls for patients and their families. What a beautiful avenue of blessing!
ATTUNEMENT: The Bridge to Love

...continued from page 1

over the last few years in particular, has been marked by, and revealed through, the experiences of union with Source. Speaking as a teacher of Attunement, it is also beautifully reflected in the quality of relationships that I witness during a class cycle. From start to finish there is a transformation that occurs that is not only tangibly felt, but also seen in the eyes and a softening of the face of each one. We remember how pure and delightful our relationships with one another are when we meet in the place where we are connected, divine being to divine being. Attunement re-establishes this bridge.

There is much transpiring in our world that is drawing an inordinate amount of attention and concern. It would be easy to be distracted; many of our brothers and sisters with whom we share this planet may find themselves in this state. But there is a bridge to another state—the state of Love where all is well. Our experience with Attunement has not only served to reacquaint us with Source, but has taught us how to see its Presence in all things. It is a privilege to have this re-awakened capacity within us so that, regardless of what is transpiring on the surface, when we encounter another person we can truly say, I SEE YOU. The state of Union that we have all known now opens into the experience of creative action together. As we do so we remember that all action flows from the place of Stillness, Gentleness and Peace.

Although the tangible, physical rhythm of the newsletter will no longer be in form, the radiant connection between us is stable and strong. I look forward to what other forms this connection may take in the future.
There is a basic principle which is vitally important to you. This principle is at work in your life in relationship to everything which you experience. This principle is involved whether you call your experiences good or bad.

This principle is at work in you every moment of your life, whether you know it or not. It is constant, like the principle of gravity. If you respect the law of gravity it permits you to walk, to sit at ease, or to recline on your bed and rest without fear of floating out into space. If you disregard the law of gravity and try to step off a fifty-foot building to the street below, you will be crushed. If you disregard the principle of balance in relationship to the principle of gravity you will fall down and get hurt…

Most human beings are not aware of this principle that is at work in their lives. If you have not been aware of it you will be amazed to find that your function in relationship to this principle determines the difference between success and failure, health or illness in your life.

This principle may be stated in various ways, but it takes long and careful study to understand its full significance….

1. You are subject to that to which you respond.
2. You are controlled by the direction of your response.
3. You move in the direction of that to which you respond.
4. According to your response, so be it unto you.
5. The level of your response determines your own like potential.
6. Hour by hour that to which you respond finds expression in your life.
7. A change in the direction of your response will change the nature of your life experience.
8. The direction of your response is governed by your own desires.

... A simple illustration of the application of this principle is to be seen in an examination of your own feelings and attitudes when you are receiving an Attunement…

When we think of attunement it is usually in terms of what may be needful in the physical sense to the human body. Of course, we recognize that properly this consideration extends to the mind and to the heart, but the physical body is prominent in consciousness usually: aches and pains, troubles of various sorts. The manifest aspect of the human being is, as we know, triune in nature: body, mind, and capacity for spiritual expression. This is the earth aspect of dimensional being. There is also a triune heaven aspect, presently obscured by what is vibrationally between the two. We have spoken of this as the veil and seen it as relating to the heart, the feeling or emotional realm. The word “attunement,” as we have used it, is concerned with establishing attunement between earth and heaven in human experience. When there is such attunement there occurs what is called radiation. Radiation is present in the heaven aspect of being, but in human experience this is largely unknown because of the veil which divides the earth from heaven in human consciousness. What divides also connects. However, the fact of connection only becomes apparent when the veil is adequately dissolved, when the impurities of heart are cleared. Then the fact that heaven and earth are one becomes apparent. It is the fact now but, insofar as human experience is concerned, not recognized and not experienced. **Attunement, then, is designed to provide what is needful to initiate the process by which a consciousness of the oneness of heaven and earth may be known once more.**

_A To Pray Without Ceasing_

Whatever arises, let me dwell in the secret place of the Most High.

Let there be a place of stillness in the midst of turmoil.

Let there be a place of ease amid disease.

Let there be a place of order in the chaos.

Let there be a place of love and beauty in the midst of fear and ugliness.

Let my presence be a beacon of enfolding radiance in every circumstance.

- Martin Exeter
COLORADO
Attunement Radiation Gathering
with Joseph Antell & Vicki Barbour
dates are: June 12, July 10, August 14, September 11
at 6:30-8:30 p.m.
call Vicki for location: 303-304-0006

KANSAS CITY, MO
Attunement Group for Attunement Practitioners
with Chris & Donna Jorgensen at Heartland Attunement
dates are Sundays: May 20 & June 10
at 10:00 a.m. to 12 noon

Attunement Group
with Gary & Sandy Ragan, 816-223-4848
date is: June 13 at 7-8:30 p.m.
location: Heartland Attunement

Three-day Attunement Intensive
(Attunement Practitioner training prerequisite)
with Chris & Donna Jorgensen
August 3-5 (Friday, Saturday & Sunday)
from 10:00 a.m.-6:00 p.m. daily
location: Heartland Attunement in Kansas City
contact Chris for more information

NEW ENGLAND
contact Andrew at ashier@myfairpoint.net for more information on all of the New England events

Attunement Initiation
with Andrew Shier, Liz Turner & Nancy Frederick
date is: June 30
location: Portsmouth, NH
contact Andrew for more information

Five-month Attunement Practitioner’s Training Course
with Andrew Shier
first weekend: September 29-30
location: Portsmouth, NH
contact Andrew for more information

CORVALLIS, OREGON
Attunement Retreat
with Andrew Shier
September 14-16 (Friday, Saturday & Sunday)
contact Andrew for more information

Note: In the future please see Heartland Attunement’s web site, www.heartattune.com for information about classes, groups and other events happening in Kansas City.